



Fitness Center RULES

Facility Is Not Supervised

- *Persons Under 18 Must Be Accompanied By An Adult.**
- *Children Under the Age of 12 are not Permitted in Fitness Facility at Any Time.**
- *Use Equipment AT YOUR OWN RISK.**
- *Member is Responsible for Knowing His/Her Own Physical Limitations.** *(Persons with known heart, asthmatic, hypertension or other health problems should consult their doctor prior to use.)*
- *Athletic Clothing and Proper Footwear Required. Shirts are Required.**
- *Please Report Faulty or Damaged Equipment to a Staff Member Immediately.**
- *Preakness Hills Country Club Assumes No Liability For Injuries or Accidents.**
- *Read and Follow Any Instructions that May be Posted near the Exercise Equipment.**
- *Personal Music Devices Used in the Fitness Facility Shall be Permitted Only with the Use of Earphones.**
- *Guest Fee \$10**