



**Preakness Hills Fitness Facility Rules & Liability Waiver**

- \*Persons Under 18 Must Be Accompanied By An Adult.**
- \*Children Under the Age of 12 are not Permitted in Fitness Facility at Any Time.**
- \*Facility is NOT SUPERVISED. Use Equipment AT YOUR OWN RISK.**
- \*Member is Responsible for Knowing His/Her Own Physical Limitations.**  
*(Persons with known heart, asthmatic, hypertension or other health problems should consult their doctor prior to use.)*
- \*Athletic Clothing and Proper Footwear Required. Shirts are required.**
- \*Please Report Faulty or Damaged Equipment to a Staff Member Immediately.**
- \*Preakness Hills Country Club Assumes No Liability For Injuries or Accidents.**
- \*Read and Follow Any Instructions that May be Posted near the Exercise Equipment.**
- \*Personal Music Devices Used in the Fitness Facility Shall be Permitted Only with the Use of Earphones.**

*I have read and understand the posted rules for use of the exercise room. I agree that use of the facility and its equipment is at my own risk and hereby release the Club from any damage, injury or aggregated health problems that I may incur due to the use of said facility. I also confirm my understanding that no statements or claims have been made of said facility to improve health or cure diseases of any kind.*

**I HAVE READ THE FOREGOING WAIVER AND RELEASE OF LIABILITY AND VOLUNTARILY EXECUTE THIS DOCUMENT WITH FULL KNOWLEDGE OF ITS CONTENT.**

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_